# **Specialist Profile**





## **Dr Melanie Rich**

MBBS/BMedSc (Hons), MPsych, FRANZCP

#### Psychiatrist

To arrange an appointment with Dr Melanie Rich, please contact:

**Pine Rivers Private Hospital** Consulting Suites 34 Dixon Street Strathpine Q 4500

P 07 3881 7294F 07 3881 7500

#### New patient appointments available from March!

Dr Rich is a Consultant Psychiatrist, Fellow of the Royal Australian and New Zealand College of Psychiatrists (FRANZCP) and Accredited Member of the RANZCP Faculty of Adult Psychiatry. She holds a Master of Psychiatry from the University of Melbourne.

After working in the Australian public mental health sector for eleven years, Dr Rich has joined Pine Rivers Private Hospital as a Consultant Psychiatrist. She provides both inpatient and outpatient care for adults aged 18-65 years.

Dr Rich recognises that optimising treatment and maintaining mental health often involves a multifaceted, holistic approach and works to develop collaborative treatment plans that are tailored to individuals, their situation and recovery goals.

### Dr Rich's areas of interest include:

- Psychological trauma, including PTSD
- Mood and anxiety disorders
- Psychotic disorders
- Mental health of military veterans and serving ADF members
- Mental health of police officers, fire fighters, paramedics, and other emergency services personnel
- WorkCover reports
- Providing opinions under a Mental Health Care Plan (291)
- Evidence-based lifestyle interventions, including nutritional psychiatry